



Teambuilding – Outdoor



Whilst many of our events are superb fun, and can successfully engender team bonding with guests leaving on a real high having shared goals, a common language, experiences, and witnessed colleagues in often humorous situations, they are not sufficient on their own to build a true sense of "team".

If 'fun' is the goal in itself, these are fine. If it is some form of change or true development you wish to facilitate within your office culture, we can also offer carefully designed team building courses to create and support sustained behaviour change.

A number of our programmes are ideal to work alongside this process, and we are happy to offer full facilitation in addition to simple briefs/debriefs. These can be run by the activity instructor – all of whom have many years' experience at focusing on key learning points within the activities – or by one of our occupational psychologists for an even more in-depth approach.

For further details, simply contact M&MR on **01295 770933**



The "Labyrinth"

Our most popular and versatile challenge which takes its inspiration from TVs "Crystal Maze" or "Krypton Factor", but is for teams rather than individuals... The 'Labyrinth' is our 'collective' name for a series of 30-minute physical and intellectual challenges, aimed at team building with an emphasis on fun and problem solving rather than physical exertion, although each does require a high degree of co-operation between team members. Even better, we can directly relate these to the types of skills used in the office environment, providing genuine "take home" value too.



Motorised Challenges

Perennially popular, our off-road driving activities – from Honda Pilots to Quad Bikes and Reverse Steer Snooker to Mini Diggers and Vintage Tractors - can always be guaranteed to add some adrenalin to your day. We also offer the Petrolheads amongst you the chance to drive everything from Ferraris and F1-style racing cars on track, to rally cars off them. See our 'On Wheels' web page (within our "Activities" section) for more details.



Shooting Challenges

Fancy going ballistic? Our wide array of shooting activities can always be guaranteed to make your day go with a bang (sorry!). This might include not just classic Clay Pigeon Shooting or Laser Shooting, but Archery, and even Cannons & Mortars...

Treasure Hunts

Treasure Hunts are a great way to explore a venue, town or region, allowing guests to experience the best bits the location has to offer alongside a fun, light-hearted exercising of the grey matter... We have a number of 'off the shelf' treasure hunts available, as well as the capacity to set up any type to suit you around the country or indeed the world; these can be arranged for any mode of transport too, from planes, trains & automobiles to boats, pedalos or just good old shoe-leather!



Sporting Challenges

M&MR's sporting challenges are probably different any other sporting event you will have seen before or likely to experience again. Unlike many other events, fitness is not an advantage, however the ability to understand and communicate the specially adapted rules most certainly is! A great variety of games & challenges are on offer, and these can of course be mixed in with other Labyrinth, motorised, shooting, or unusual challenges. Put it this way: you haven't lived until you've participated in Space Hopper Football, Sumo Shoot-out and Clown's Co-ordination (to name but a few...)

It's A Knockout'

The M&MR 'It's A Knockout' is a highly colourful and superbly impressive challenge for participants and spectators alike. If you enjoy competing on huge custom-built inflatables or dashing around in wacky costumes, this concept is definitely for you. With a host of great music and colourful props a real party atmosphere is guaranteed for everyone.



Ryder Cup Challenge

A sporting challenge with a twist! A series of splendid head-to-head "golf" related challenges designed to get bodies and teams working together. (Let's qualify that: "loosely related"!)



Human Table Football

We can arrange a "World Cup" tournament like no other – each team provides five players from their 'squad' for a straightforward football match... except each person is strapped to a bar "becoming" a table football player. Unlike competitors, our kit includes an inflatable base, increasing safety and fun (football + bouncy castle in one!)

"School Sports Day"

It's 'back to school' with our hilarious take on the classic school sports day. Sure, the eggs, spoons & sacks will feature – but so too will an array of hilarious, crazy challenges!



Highland Games

The M&MR Highland Games takes elements of our other sporting challenges, adds others, and the whole event is themed to give it a distinctly Scottish flavour. Guests will be split into "clans" (The McArDOS, MacRamès, McSpreaders, Clan Dudnos etc.) each of which will have their own tartan for their "chief" to wear, as well as creating a banner to plant on the field of "combat". Each clan will be "piped" onto the field, their chief aiming to lead his team to glorious victory...

A Hard Day's Knight

We challenge each "band of brothers" to earn more "groats" than the rest by competing in a multi-activity day with a medieval flavour. As the pennants flutter & flags fly, each band meets the others in "mortal" competition through a series of carefully selected activities, culminating in a head-to-head Grand Finale between all teams. A variation on this is our Knight School! Suitable for anyone (whether you can ride or not), you will be taught basic jousting skills and mounted games, have your own coat of arms, learn basic choreographed fights and even earn the title of "Company Robin Hood" by splitting the arrow!



“Wacky Races” – Pedal Car Spectacular!

Remember Dastardly, Muttley and Penelope Pitstop? Well here's your chance to re-enact the plot as you attempt – in one of six teams – to race each other “around the globe” to become the “World's Wackiest Racer”. This challenge involves the teams assembling and racing a pedal powered full sized kart. In addition, these karts need to look as much like the original vehicles as possible (e.g. the Boulder Mobile, Creepy Coupe, Compact Pussycat and Mean Machine). The closer the vehicles look to the originals, the further up the track they will start... Drat, drat & double drat!!!!

Agility Dogs, Owls & Ferret Racing

A three-for-one as firstly you are given the chance to have your own mini-Crufts with trained agility dogs followed by “The Great Ferret Race” as points are gambled on the antics of Polecat Pete, Mighty Malcolm and friends! In between, you'll get the opportunity to learn a bit of falconry as you test your nerves calling a Barn Owl to tether.



Cyber Tag

This unique outdoor infra-red combat system is suitable for all; it can be played in the woods or rough terrain. It is ideal to run purely as a fun activity or, because of its versatile programming, can be used as the heart of complex problem solving team challenge. The system is safe (like paintballing without the pain!), clean and environmentally friendly!



Learn To Play Polo

Experience the excitement and exhilaration of the “Sport of Kings” for yourselves! Suitable for anyone (whether you can ride or not). All you need is a sense of fun and adventure as you try to win the “Prince of Wales Cup” and avoid the losers' title: “Right Proper Charlies”!



The Spying Game

Forget the ‘standard’ spy days – this is a bespoke event which utilises not only totally UNIQUE challenges, but the local community get involved too! You, the representatives of M15, must stop the bomb going off in Town “X”. Using your special secret agent skills – and with the aid of a few of Q's gadgets – you must diffuse the bomb before it goes off in about 3 hours' time. This will only be possible by completing a series of missions along the way – any wrong moves and you could be consigning the whole of your team to a sticky end!

Charlie's Angels: Full Throttle!

In “Charlie's Angels: Full Throttle”, teams earn clues according to how well they perform as a team in a series of driving/shooting challenges; the popular theme not only provides a “raison d'être” for everybody, but it will also increase the fun and “buy in” of the whole group.



Victoriana – The Pursuit Of Pleasure!

Take some of the finest elements of “Gosford Park”, “Upstairs Downstairs” or The Shooting Party, and puts them together into an activity day with a difference. Using any suitable venue (which we would be happy to source on your behalf), we can provide a number of themed challenges offering “something” different” which is suitable for all guests. We can work these activities into a full-day “Murder Mystery” format too, with Sherlock Holmes on hand to encourage and castigate by turn.



Rock Climbing Wall

How would you like to take part in an activity that is safe, exciting, great fun and can bond teams all at the same time? Our mobile climbing wall is an impressive structure, standing head and shoulders above most other attractions at 8 metres high. It features super safe, automatic descenders and allows up to four people to climb simultaneously.

Adventure

Whilst most people are content to run around a field participating in the weird, wacky and wonderful, others are happier if we can help provide them with their adrenalin fix! We aim to provide something for everyone, so for the Action Men out there, you may like to consider programmes involving orienteering, mountain biking, caving / potholing, ropes courses, abseiling, canoeing, assault courses, blo-karting or coastering (to name but a few). Simply ask and we'd be delighted to put the right programme together for you.



Tank Driving

Not for the faint-hearted and not popular on the croquet lawn! Drive a selection of ex-military tracked vehicles, available at a limited number of sites.

Fire Engine Manoeuvres

Driving a Bedford fire tender, putting out fires? Sounds like a job for the top team.... Available at a limited number of sites.



Circus Skills

Guests will be taught a variety of fun and entertaining exercises - genuine party-pieces to show off thereafter - including lessons in juggling, plate spinning, stilt walking, and even unicycling.

Carriage Driving

Here's something you won't have done before! Steer a Shetland Pony and trap around a course, avoiding the obstacles, a la Badminton/ Blenheim / Burghley Horse Trials! A superb team exercise.



Traction Engines

Ever seen those huge, steam driven engines being driven past you and wanted to have a go? Why not do just that and even manoeuvre your way round a course, whilst balancing an egg & spoon?



"I have received nothing but positive feedback from the attendees... and I would be pleased to recommend your company in future."

"...everyone has agreed that it was a fantastic day. Well organised, teamy and fun so thank you so much for such a great day."