



Teambuilding – Indoor



Whilst many of our events are superb fun, and can successfully engender team bonding with guests leaving on a real high having shared goals, a common language, experiences, and witnessed colleagues in often humorous situations, they are not sufficient on their own to build a true sense of “team”.

If ‘fun’ is the goal in itself, these are fine. If it is some form of change or true development you wish to facilitate within your office culture, we can also offer carefully designed teambuilding courses to create and support sustained behaviour change. You may like to visit our “Psychological Profiling” web page (within “Team Building”) for more information.

A number of our programmes are ideal to work alongside this process, and we are happy to offer full facilitation in addition to simple briefs/debriefs. These can be run by the activity instructor - all of whom have many years’ experience at focusing on key learning points within the activities – or by one of our occupational psychologists for an even more in-depth approach.

For further details, simply contact M&MR on **01295 770933**



Indoor “Labyrinth”

Our most popular and versatile challenge which takes its inspiration from TVs “Crystal Maze” or “Krypton Factor”, but is for teams rather than individuals... The ‘Labyrinth’ is our ‘collective’ name for a series of 30-minute physical and intellectual challenges, aimed at team building with an emphasis on fun and problem solving rather than physical exertion, although each does require a high degree of co-operation between team members. Even better, we can directly relate these to the types of skills used in the office environment, providing genuine “take home” value too.



Pitstop Challenge

In our very enjoyable F1-related challenge, teams are tasked with designing & building a working model racing car. All cars must be “self-propelled” and cannot be aided by pushing, pulling or similar means. The discussion, debate and frantic rushing to-and-from the ‘Pit Shop’ breaks the ice even before construction begins! With the cars ready - the deadline seems to always come as a surprise! - cars are ‘raced’ one at a time on our ‘grand prix circuit’ with the one travelling furthest winning.



Armada

As per the Pitstop Challenge (above) but now teams are tasked with designing and building a working model ship. In addition to all the above options, teams can choose to put sails on their craft & purchase a “blast of wind” (varying strengths and durations) from our Chandler’s shop...the results are often hilarious as entrants propel themselves either forwards, backwards or not at all!



“Just 90 Minutes”

A very popular “something for everyone” event mixing fun and light competition. Teams are required to make as much ‘fun money’ as possible by completing a wide selection of challenges. The team can do as many as they like, in any order, but everything is scored on a qualitative basis. With tasks loosely falling into 4 categories - “performance-related”, “creative”, “mental agility” and “physical” – and some requiring a few members or all of the team, whilst others require co-operation or competition with other teams, each guest gets to work with the maximum number of people in the room. As the time progresses, each team will naturally work faster and more frantically to get as much money as they can – and without stressing the point, the best teams will be those who are working most efficiently utilising planning, communication, resource management, decision-making, problem-solving, negotiation and time management.



Musicality

“Musicality” is based on the group becoming the most successful musical theatre production company by putting on and performing the best possible ‘Showstopper’ from scratch (including learning the music, steps, acting & being tasked with making their own costumes and applying their own make-up to become the characters). A professional musical director will teach them the music, a choreographer will teach the group the necessary dance routines, then once everything is in place, the group will then be filmed as they perform the big hit for themselves.



The Pyramid / The Galleon

Creating a superb atmosphere of competition, teamwork and energy, teams need to bring all of the skills they’d use on any work project together in a co-operative challenge with high visual impact.

The Pyramid: Teams are tasked with jointly creating the most impressive pyramid – at or over 3 metres in height - using only materials supplied. The kits can either be identical, or teams will have to “earn” materials based on their performance in other challenges throughout the day. The higher the team makes their pyramid, the wider it must be!

The Galleon: A variation on this to incorporate the ‘journey’ theme is for the whole team to build a giant galleon (sailing ship) together. It would be entirely down to them as to how it would be kitted out, becoming a true expression and visualisation of the team’s ‘journey’, achievements and aspirations. This always captures everyone’s imagination, provides the important ‘something for everyone’ factor and also creates the “wow” factor as per the Pyramid.

Note: we can do any number of variations on this theme – popular alternatives have included a ‘learning wall’, and a ‘family tree’ – the options are very much open to your requirements



Lights, Camera, Action

This activity is played in teams, each producing a short film based on a theme they are given at the start of the day. It could be ‘Western’, ‘Horror’, ‘Austin Powers’ or ‘Pirate’. Your team will be guided through the basics of ‘screenplay’, ‘storyboards’, and ‘special effects’. At the end of the day we show the films as a grand finale, or you may have your own evening ‘Oscars Ceremony’.





Chairman's Castle

A very entertaining and educational training exercise in project-planning, negotiation, pitching, presentation skills, teamwork and 'thinking outside the box'. The Chairman of Trans-International Telecom has unfortunately passed away. Just before he died he made a major purchase of a stately pile, a semi-ruined castle, just outside Leicester. This fully-facilitated programme involves teams discussing possible uses for the land, developing a business plan which will be pitched to potential investors, and finally demonstrating how their plans will be 'actualised' with each team voting for others in a 'secret ballot', based on the feasibility and commercial strength, power of argument/presentation/pitch, best PR and Marketing and best teamwork.



It's The Business

An interactive business game guaranteed to test the business drive and competitive spirit of your delegates, 'It's The Business' puts participants in the role of Service Station owners operating in a competitive market place. Service stations make an ideal business module as they encompass all aspects of practical marketing and business management.

Our Spy is Missing

007's gone missing in Europe; your mission is to locate and provide him with the essential kit that Q forgot to pack. This is a big, colourful, themed interactive exercise which not only gets everyone up from their seats but provides a 'buzz' of humour and interaction on a large scale as teams of agents strive to win the golden gun!



Calendar Boys & Girls

Using digital or original Victorian camera equipment, teams will be tasked with taking & developing a series of original compositions of themselves in a 12 different poses... requiring creativity, planning and learning the original techniques of earliest photography, this is an unusual and fascinating challenge.

The theme of the overall compositions is up to you, but recent "favourites" have included Heroes From History and "In The Flesh"

Quality and humour are essential, as once all 12 photos are complete, we then develop them into wall or desktop calendars – these are sent on to the attendees with a view to providing them with both a memento of the day (which could be sold on for charity?) and a long-lasting testament to what can be achieved with close co-operation and teamwork.



"...thank you and your team for a fantastic Friday afternoon last week. [The team] thoroughly enjoyed their afternoon and commented on how well it was organised and run... I will have no hesitation in recommending you. Once again, many thanks for your hard work to make our experience really enjoyable."

"... huge thanks for putting on such an enjoyable and engaging event for us on Monday. Everybody rose to the challenge and thoroughly enjoyed the evening which you ran brilliantly despite the less than ideal room. Please pass on our thanks to the team and I look forward to working with you again in the future."

"Thanks so much for organising such an excellent event for us yesterday - everyone has said how much they enjoyed it, and I thought it went really smoothly."

